

Top tips for reducing your climate impact



To avert the worst effects of climate change we all need to reduce our CO2 emissions by 90% by 2020. That's a big challenge and we need to start doing it now. Here are some things that you can do over the next year. All taken together this will make a big difference!

Buy seasonal, local, organic food, aiming for 90% of your diet. Reduce meat and dairy products.

Grow your own food – convert your lawn or get an allotment. To get an allotment contact Joy Grayson at the council (01524 582061) or see www.lancaster.gov.uk/allotments

Don't fly. Sign the pledge to reduce your flights: www.flightpledge.org.uk

Leave the car at home: walk, cycle, take the bus and train. Holiday locally – but if you travel abroad use ship and train. Check www.seat61.com for timetables and tickets.

Insulate and draught proof your home. Grants are available! Tel: 582588 www.lancaster.gov.uk/energy

Switch to a renewable power

supplier: Good Energy on 0845 456 1640 or check www.good-energy.co.uk

Install renewable energy. See www.whatyoucando.co.uk

Save energy - don't leave electrical equipment, like TVs on standby. Turn off lights when you leave a room. Turn your thermostat as low as you can – wear an extra jumper.

Don't buy things you don't really need. Buy things that will last. Buy only electrical appliances with an A energy efficiency rating.

Reuse and recycle as much as possible. Check out the recycling directory: www.lancaster.gov.uk/recyclingdirectory

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Get involved – Lancaster Climate action is a local group.

We organise events, stalls, displays and a website on climate change.

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